

# Daisy Lee



## *Workshops for Wholeness and Healing in Metropolitan Washington DC*

Cultivate strength, flexibility, emotional and physical balance, passion for life and compassion for self and others with these powerful practices from this world-renown teacher.

Session I: (open to all) ***Organ Cleansing and Strengthening Qigong***

Date: Friday, April 9, 2010 Time: 6:30 p.m. to 9:30 p.m.

Session II: (women only) ***Radiant Lotus Women's Qigong***

Date: Saturday, April 10, 2010 Time: 9:00 a.m. to 12:00 p.m.

Session III: (open to all) ***Lotus Rises from the Water*** and  
***Swimming Dragon Qigong***

Date: Saturday, April 10, 2010 Time: 2:00 p.m. to 5:00 p.m.

Session IV: (open to all) ***Radiant Lotus Fan Dance Tai Chi***

Date: Sunday, April 11, 2010 Time: 1:00 p.m. to 4:00 p.m.

Immanuel Church-on-the-Hill, Zabriskie Chapel, 3606 Seminary Rd., Alexandria, Virginia  
Directions at [www.icoh.net](http://www.icoh.net)

*Daisy Lee* has taught internal arts all over the world. Her students range in age from 13 to 103 and her award-winning DVD series has been used in hospitals, corporations, schools and prisons. For more information on her work [www.radiantlotusqigong.com](http://www.radiantlotusqigong.com) or [www.kahunavalley.org](http://www.kahunavalley.org)

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**Registration:** All sessions are \$75 at the door. Preregistration by April 3<sup>rd</sup> \$65 for a single session or \$60 each for more than one session.

Friday, April 9<sup>th</sup> ~ *Organ Cleansing and Strengthening Qigong* \$\_\_\_\_\_

Saturday, April 10<sup>th</sup> ~ *Radiant Lotus Women's Qigong* \$\_\_\_\_\_

Saturday, April 10<sup>th</sup> ~ *Lotus Rises from the Water and Swimming Dragon* \$\_\_\_\_\_

Sunday, April 11<sup>th</sup> ~ *Radiant Lotus Fan Dance Tai Chi* \$\_\_\_\_\_

Total \$\_\_\_\_\_

Name \_\_\_\_\_ Best Phone \_\_\_\_\_

Contact \_\_\_\_\_

E-mail \_\_\_\_\_

Make check out to **Peaceable Dragon** and send to Peaceable Dragon, P.O. Box 282, Lorton, VA 22199-0282  
For more information call 703-625-8431 or go to [www.PeaceableDragon.org](http://www.PeaceableDragon.org) and click "contact us." Register early!

